

**Richard Whitworth 2017 N.E. YMCA, Sanction #: CAQ-2017-MA-01313****Swimming Championships****Warm-up Sheet**

Warm-up Starts at 07:00 AM

Session: 5 13 and 14 Year Old Trials

Day of Meet: 8 Starts at 08:30 AM

Total Athletes: 280 - Women: 148 - Men: 132

Team	Women	Men	Total	Lane	
ANA	Andover-North Andover YMCA	5	5	10	<u>1</u> 7:00
BAY	Bayside YMCA	8	5	13	<u>2</u>
BBYD	Boothbay Region YMCA	0	2	2	<u>3</u>
BYB	Burbank YMCA	10	4	14	<u>4</u>
CCSC	Old Town Orino YMCA	0	2	2	<u>3</u>
CRT	Charles River YMCA	0	1	1	<u>3</u>
DEFY	Down East Family YMCA	2	3	5	<u>3</u>
ESY	East Side Mount Hope YMCA	0	1	1	<u>4</u>
FVYT	Farmington Valley YMCA	4	4	8	<u>4</u>
GLY	Greater Lowell YMCA	0	2	2	<u>4</u>
GR	Gleason YMCA	0	4	4	<u>5</u>
GYT	The Granite YMCA	1	1	2	<u>5</u>
HAY	Hockomock Area YMCA	4	4	8	<u>6</u>
HRY	Hampshire Regional YMCA	2	0	2	<u>5</u>
HYV	Greater Holyoke YMCA	4	5	9	<u>7</u>
IVY	Indian Valley Family YMCA	4	8	12	<u>8</u>
KCY	Kent County YMCA	8	4	12	<u>9</u>
KYD	Keene YMCA	4	0	4	<u>5</u>
MAL	Malden YMCA	4	6	10	<u>10</u> 7:20
MGCB	YMCA of Central MA	2	0	2	<u>1</u> 7:20
MRDN	Meriden YMCA	4	0	4	<u>1</u>
MWYS	Metro West YMCA	4	6	10	<u>2</u>
NBY	New Bedford YMCA	4	5	9	<u>3</u>
NEW	Newman YMCA	4	1	5	<u>4</u>
NSYV	North Suburban YMCA	0	2	2	<u>1</u>
NWYL	Northwest CT YMCA	6	8	14	<u>5</u>
OCYN	Old Colony North YMCA	0	1	1	<u>4</u>
PBAY	Penobscot Bay Area YMCA	1	1	2	<u>4</u>
PYPB!	Portland YMCA	0	1	1	<u>6</u>
PYPB!	Pittsfield YMCA	1	0	1	<u>6</u>
SCY	South County YMCA	4	4	8	<u>7</u>
SMY	Smithfield YMCA	4	4	8	<u>8</u>
SOM	Somerville YMCA	0	1	1	<u>6</u>
SSYS	South Shore YMCA	6	4	10	<u>9</u>
STRM	YMCA of Greater Nashua	4	5	9	<u>10</u> 7:40
TRIY	Tri-YMCA	4	0	4	<u>1</u> 7:40
VSYM	Valley-Shore YMCA	3	2	5	<u>2</u>

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Total Athletes: 280 - Women: 148 - Men: 132

Team		Women	Men	Total	Lane	
WAHOO	Newport County YMCA	1	4	5	<u>3</u>	7:40
WCY	Waldo County YMCA	2	2	4	<u>4</u>	
WEST	Westerly-Pawcatuck YMCA	8	4	12	<u>5</u>	
WFYD	Wallingford YMCA	1	2	3	<u>6</u>	
WRTS	Wheeler Regional YMCA	4	2	6	<u>7</u>	
WSY	West Suburban YMCA	0	4	4	<u>6</u>	
WYST	Westfield YMCA	8	1	9	<u>8</u>	
YNS	YMCA of the North Shore	13	7	20	<u>9 &amp; 10</u>	8:00

8:00-8:15 SPRINTS

**Richard Whitworth 2017 N.E. YMCA, Sanction #: CAQ-2017-MA-01313****Swimming Championships****Warm-up Sheet**

Warm-up Starts at 12:30 PM

Session: 6 Class C Girls

Day of Meet: 8 Starts at 01:30 PM

Total Athletes: 192 - Women: 192 - Men: 0

Team	Women	Men	Total	Lane	
ANA Andover-North Andover YMCA	7	0	7	1	12:50
BAY Bayside YMCA	4	0	4	1	
BYB Burbank YMCA	10	0	10	2	
CCSC Old Town Orino YMCA	1	0	1	3	
DEFY Down East Family YMCA	1	0	1	3	
FVYT Farmington Valley YMCA	5	0	5	4	
GR Gleason YMCA	4	0	4	4	
HAY Hockomock Area YMCA	5	0	5	5	
HRY Hampshire Regional YMCA	1	0	1	3	
HYV Greater Holyoke YMCA	4	0	4	5	
IVY Indian Valley Family YMCA	8	0	8	6	
KCY Kent County YMCA	8	0	8	6	
KYD Keene YMCA	4	0	4	3	
MACY MacColl Black YMCA	4	0	4	7	
MAL Malden YMCA	8	0	8	8	
MELY Melrose YMCA	4	0	4	7	
MGCB YMCA of Central MA	5	0	5	9	
MRDN Meriden YMCA	4	0	4	9	
MWYS Metro West YMCA	8	0	8	10	1:10
NBY New Bedford YMCA	4	0	4	1	12:30
NSYV North Suburban YMCA	2	0	2	1	
NWYL Northwest CT YMCA	4	0	4	1	
NYCY Northern York County YMCA	3	0	3	2	
PYPB! Pittsfield YMCA	4	0	4	2	
SCY South County YMCA	8	0	8	3	
SMY Smithfield YMCA	4	0	4	4	
SSYS South Shore YMCA	5	0	5	4	
STRM YMCA of Greater Nashua	1	0	1	2	
TRIY Tri-YMCA	4	0	4	5	
VSYM Valley-Shore YMCA	3	0	3	5	
WAHOO Newport County YMCA	8	0	8	6	
WCY Waldo County YMCA	1	0	1	6	
WEST Westerly-Pawcatuck YMCA	8	0	8	7	
WFYD Wallingford YMCA	8	0	8	7	
WOON Woonsocket YMCA	1	0	1	2	
WRTS Wheeler Regional YMCA	9	0	9	8	
WSY West Suburban YMCA	2	0	2	9	12:50

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**Warm-up Sheet**

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Session: 6 Class C Girls  
Day of Meet: 8 Starts at 01:30 PM  
Total Athletes: 192 - Women: 192 - Men: 0

Team	Women	Men	Total	Lane
WYST Westfield YMCA	4	0	4	<u>9</u> 12:30
YGB YMCA Greater Boston	1	0	1	<u>9</u>
YNS YMCA of the North Shore	13	0	13	<u>10</u> 12:50

1:10-1:20 SPRINTS

## Richard Whitworth 2017 N.E. YMCA, Sanction #: CAQ-2017-MA-01313

## Swimming Championships

## Warm-up Sheet

Warm-up Starts at 07:00 AM

Session: 8 15 - 18 Year Old Trials

Day of Meet: 9 Starts at 08:30 AM

Total Athletes: 274 - Women: 155 - Men: 119

Team	Women	Men	Total	Lane	
ANA Andover-North Andover YMCA	10	5	15	<u>1</u>	7:40
BAY Bayside YMCA	7	8	15	<u>2</u>	
BYB Burbank YMCA	13	2	15	<u>3</u>	
CCSC Old Town Orino YMCA	4	7	11	<u>4</u>	
DYD Danvers YMCA	1	0	1	<u>6</u>	
FVYT Farmington Valley YMCA	5	4	9	<u>5</u>	
GR Gleason YMCA	4	0	4	<u>6</u>	
GYT The Granite YMCA	1	1	2	<u>6</u>	
HAY Hockomock Area YMCA	4	3	7	<u>7</u>	
HRY Hampshire Regional YMCA	1	3	4	<u>7</u>	
HYV Greater Holyoke YMCA	6	4	10	<u>8</u>	
IVY Indian Valley Family YMCA	1	4	5	<u>6</u>	
KCY Kent County YMCA	4	8	12	<u>9</u>	
KYD Keene YMCA	1	0	1	<u>6</u>	
MAL Malden YMCA	8	5	13	<u>10</u>	8:00
MELY Melrose YMCA	0	4	4	<u>1</u>	7:20
MGCB YMCA of Central MA	5	1	6	<u>1</u>	
MWYS Metro West YMCA	1	2	3	<u>2</u>	
NBY New Bedford YMCA	5	4	9	<u>3</u>	
NMYB N Middlesex YMCA	0	1	1	<u>2</u>	
NSYV North Suburban YMCA	1	0	1	<u>2</u>	
NWYL Northwest CT YMCA	4	5	9	<u>4</u>	
OCY N Old Colony North YMCA	0	1	1	<u>2</u>	
PBAY Penobscot Bay Area YMCA	1	0	1	<u>2</u>	
SCY South County YMCA	8	4	12	<u>5</u>	
SMY Smithfield YMCA	4	1	5	<u>8</u>	
SSYS South Shore YMCA	5	5	10	<u>6</u>	
STRM YMCA of Greater Nashua	4	6	10	<u>7</u>	
TYP Torigian Family YMCA	1	0	1	<u>8</u>	
VALY Valley YMCA	0	1	1	<u>8</u>	
VSYM Valley-Shore YMCA	0	1	1	<u>8</u>	
WAHOO Newport County YMCA	4	5	9	<u>9</u>	
WCY Waldo County YMCA	3	2	5	<u>10</u>	7:40
WFYD Wallingford YMCA	4	4	8	<u>1</u>	7:00
WRTS Wheeler Regional YMCA	7	2	9	<u>2</u>	
WSY West Suburban YMCA	2	1	3	<u>3</u>	
WYST Westfield YMCA	5	6	11	<u>4</u>	

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Team	Women	Men	Total	Lane
YNS YMCA of the North Shore	21	9	30	<u>5, 6 &amp; 7</u>
		OPEN		<u>8 9 10 7:20</u>

8:00-8:15 SPRINTS

## Richard Whitworth 2017 N.E. YMCA, Sanction #: CAQ-2017-MA-01313

## Swimming Championships

## Warm-up Sheet

Warm-up Starts at 12:30 PM

Session: 10 Class C Boys

Day of Meet: 9 Starts at 01:30 PM

Total Athletes: 167 - Women: 0 - Men: 167

Team	Women	Men	Total	Lane
ANA Andover-North Andover YMCA	0	6	6	1 12:30
BAY Bayside YMCA	0	4	4	2
BYB Burbank YMCA	0	10	10	3
BYB! Bangor YMCA	0	1	1	2
CCSC Old Town Orino YMCA	0	1	1	2
CRAN Cranston YMCA	0	4	4	4
DEFY Down East Family YMCA	0	4	4	4
FVYT Farmington Valley YMCA	0	8	8	5
GYT The Granite YMCA	0	2	2	2
HAY Hockomock Area YMCA	0	4	4	6
IVY Indian Valley Family YMCA	0	4	4	6
KCY Kent County YMCA	0	4	4	7
MACY MacColl Black YMCA	0	4	4	7
MAL Malden YMCA	0	4	4	8
MELY Melrose YMCA	0	4	4	8
MRDN Meriden YMCA	0	4	4	9
MWYS Metro West YMCA	0	5	5	9
MYST Mystic YMCA	0	4	4	10
NBY New Bedford YMCA	0	5	5	10 12:50
NEW Newman YMCA	0	1	1	1
NSYV North Suburban YMCA	0	1	1	1
NWYL Northwest CT YMCA	0	8	8	2
OCY S Old Colony South YMCA	0	4	4	1
PYPB! Pittsfield YMCA	0	2	2	1
PYPB! Portland YMCA	0	1	1	
SCY South County YMCA	0	4	4	3
SMY Smithfield YMCA	0	4	4	3
SSYS South Shore YMCA	0	11	11	4
STRM YMCA of Greater Nashua	0	4	4	5
TRIY Tri-YMCA	0	4	4	5
TYP Torigian Family YMCA	0	1	1	6
WAHOO Newport County YMCA	0	4	4	6
WCY Waldo County YMCA	0	2	2	6
WEST Westerly-Pawcatuck YMCA	0	4	4	7
WFYD Wallingford YMCA	0	2	2	6
WOON Woonsocket YMCA	0	4	4	7
WRTS Wheeler Regional YMCA	0	5	5	8 1:10

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Total Athletes: 167 - Women: 0 - Men: 167

	Team	Women	Men	Total	Lane
WSY	West Suburban YMCA	0	4	4	<u>9</u> 12:50
WYST	Westfield YMCA	0	4	4	<u>9</u>
YGB	YMCA Greater Boston	0	1	1	<u>9</u>
YNS	YMCA of the North Shore	0	10	10	<u>10</u> 1:10

1:10-1:20 SPRINTS